



Strengthening Sports Teams



PROJECT ADVENTURE, INC. - YOUTH & COLLEGE PROGRAMS

Your team deserves every advantage. With an international reputation for building strong teams, Project Adventure's experts give you that edge.

The Project Adventure Edge

Athletes are used to dedicating hours of practice to developing skills for their respective sports, but one of the forgotten keys to success is team chemistry: a trait that requires a special kind of coaching – the kind that we have done best since 1971.

Whether you are a college football team or a youth soccer team, Project Adventure will work with you to customize an adventure training program that will inspire your team reach its true potential.



Getting Started With Project Adventure

Project Adventure (PA) offers customized adventure-based team-building on our ropes course in Beverly, at Danvers Indoor Sports, or at your own sports venue.

Call us at **978.524.4558** or email **info@pa.org** to discuss how a PA program can benefit your team.

For more information, visit **www.pa.org/sports-teams**

Who is Project Adventure?

Project Adventure, Inc. is an innovative non-profit teaching organization and a respected leader in adventure-based experiential programming. For over 45 years, Project Adventure has been committed to its mission of producing life-changing outcomes by facilitating transformative group experiences.

What is Adventure?

The word adventure often conjures up images of rock climbing, rafting, or parachuting, but it can be a way of doing almost any activity. An experience becomes an adventure when a feeling of surprise, excitement, or risk exists. A shared adventure can compel people to achieve growth they never imagined possible.



"Project Adventure gave me lots of teambuilding activities to use with my varsity soccer team. My players have enjoyed an adventure approach to our training sessions – it has greatly improved our team chemistry."

-Varsity Soccer Coach