



# Project Adventure & Social and Emotional Learning



PROJECT ADVENTURE, INC.

Since 1971, Project Adventure has been working with students and faculty to transform education from an academic venture to a holistic endeavor.

The idea that education should be a holistic pursuit that comprises academic, physical, social and emotional development is not new, but in 1971 Project Adventure's (PA's) founding teachers developed innovative ways to explicitly teach their students the 'soft skills' that they knew were requisite to success in their classrooms and in life. The teachers observed that by facilitating carefully-sequenced adventure experiences with their classes in accord with their common values, they could accelerate and sustain student growth not only academically, but in areas such as self-awareness, self-management, relationships, decision-making and social awareness – areas now regarded by the Collaborative for Academic, Social and Emotional Learning (CASEL) as the five core competencies of Social and Emotional Learning (SEL). Over the past 45 years, through PA's growing evidence-base, curricula, publications, trainings and partnerships, we have only become more passionate about helping schools transform education from an academic venture to a holistic endeavor.

## How PA Transforms Schools

### Integrated Implementation

- We strengthen school climate and culture by defining and animating shared values and SEL goals.
- We build internal capacity to achieve goals through vetted train-the-trainer models.
- We foster school/family/community partnerships.

### Professional Development

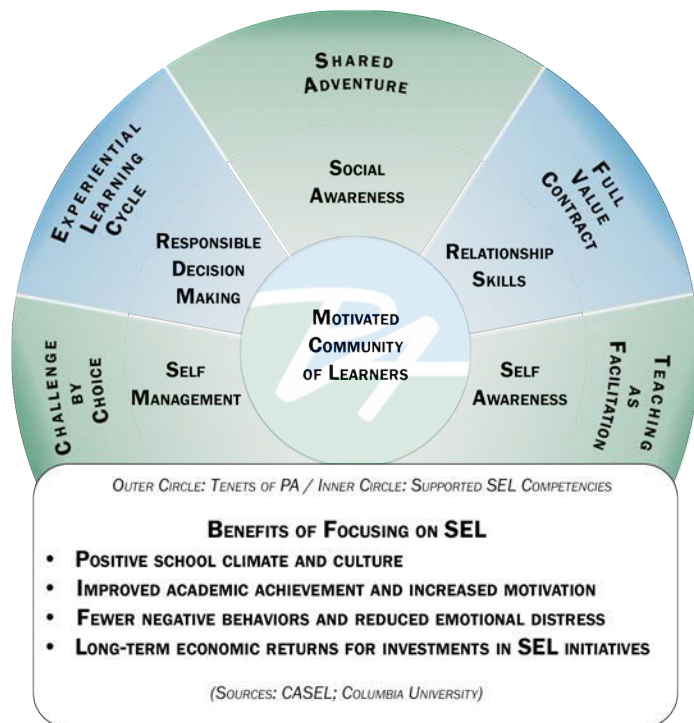
- We conduct extensive needs assessments to customize faculty trainings and ongoing coaching.
- We offer open-enrollment workshops in Adventure in the Classroom, Adventure with Youth at Risk, Adventure Curriculum for PE, and many more.

### Direct Service for Youth

- We explicitly focus on SEL on challenge course days.
- We facilitate portable adventure programming in the classroom in support of SEL goals.
- We establish and train peer leadership teams, extracurricular groups and athletic teams.

### Resources

- Dedicated and experienced trainers and facilitators.
- Extensive online network & database at PA Connect.
- A range of publications, curricula and products.



## Who is Project Adventure?

Project Adventure, Inc. is an innovative non-profit teaching organization and a respected leader in adventure-based experiential programming. For over 45 years, Project Adventure has been committed to its mission of producing life-changing outcomes by facilitating transformative group experiences.

## Getting Started With Project Adventure

Contact our Program Development Team today to learn how PA can support SEL at your school. Call us at **978.524.4554**, email **info@pa.org** or visit **www.pa.org**